



FOOD DRIVE

FOOD COLLECTION FOR THE FOOD BANK

Collection Points

NORFOLK

- At the HQ SACT Officers' Mess
- At JFCNF
- At ISRM

VIRGINIA BEACH

at **JAYNE's home**
 2156 East Admiral Drive
 Virginia beach 23451

at **HANNA's home**
 1201 Farrcroft Way
 23455 Virginia Beach

We will also collect at the SOPC November luncheon !

November 2 to November 9



Foodbank

of Southeastern Virginia
and the Eastern Shore



WITH THE COLLABORATION OF
 HQ SACT Officers' Mess
 JFCNF Staff Members Association
 ISRM

Thank you for your support !

WHAT TO GIVE?

CANNED PROTEINS: peanut butter, tuna, chicken, turkey, beans,... FRUITS & VEGETABLES: canned fruits and vegetables, pasta sauce, 100% fruit juice, dried fruits,... WHOLE GRAINS: cereal, pasta, oatmeal, rice, crackers,... BOXED MEALS: soups, stews, pasta,... LOW FAT - LOW SODIUM - LOW SUGAR PRODUCTS PREFERRED

Please remember : non perishable food - non-breakable containers - nutritional labels intact - check dates: products are good 6 months past the Best By /Sell By /Use By date

